

The Earth as a community
is a basic concept of Ecology.
The Earth as something to be loved and respected
is an attainment of Ethics.

It's time we created an Ethics dealing with
man/Earth relationship,
enlarging the boundaries of the community
to grounds, waters, plants, animals.

Aldo Leopold
Almanacco di un mondo semplice

As all the organisms come from a common ancestor,
it's correct to affirm that the biosphere as a whole
began to think when the human race was born.

If the other life forms are the body, we are the mind.
Therefore, from an ethic perspective,
our task in nature
is to think about creation and protect the living planet.

Edward O. Wilson
Biofilia

Thus there's an urgent need to educate to ecologic responsibility:
responsibility to oneself, responsibility to the others,
responsibility to the environment.

I hope God's inspiration will help us
cherish the sense of "brotherhood" with
all the good and beautiful things created by God
and remind us of the momentous duty we have to respect and take good
care of them,
within the frame of the wider and higher human brotherhood.

John Paul II
Pace con Dio creatore, pace con tutto il creato



EES Italia

INVENTARE IL MONDO – Via Marconi 18 – 23875 Osnago (Lc) – Italy

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September 29 – October 1, 2006
Lignan (Nus), Saint Barthelemy Valley, Aosta Valley

Conference Room of the Astronomical Observatory
of the autonomous region of Aosta Valley



International Congress of Ecopsychology We are the Earth!

ECOPSYCHOLOGY IS BORN FROM THE COLLABORATION BETWEEN TWO NEW SCIENCES, ECOLOGY AND PSYCHOLOGY, THAT JOIN THEIR FORCES IN ORDER TO ADDRESS HUMAN AND ENVIRONMENTAL PROBLEMS.

WE COULD BETTER UNDERSTAND AND REALIZE OUR CONNECTION WITH THE NATURAL WORLD AND SEEK, WITH GREATER RESPONSIBILITY AND EFFICACY, SOLUTIONS TO ADDRESS ENVIRONMENTAL CHALLENGES, IF FIRST WE WORK TOWARD THE RECOVERY AND VALORIZATION OF OUR OWN IDENTITIES.



An introduction to the theory and practice of Ecopsychology with the extraordinary participation of some of its interpreters from the United States, where Ecopsychology began, and from where it spread to be elaborated upon and reinterpreted as diverse counseling practices since the 1990's.

Organized by:

EES

*European Ecopsychology Society
Società Europea di Ecopsicologia*

Patrocinated by:

MUNICIPALITY OF NUS



International Congress of Ecopsychology

We are the Earth!

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There is a need for a new idea, for new knowledge, for a new level of engagement to address and heal the Earth we are all a part of. As individuals, we must do everything we can to transform--through actions and our sensibilities--our engagement and our love for life.

Ecopsychology recognizes the close relationship between our psychological well-being and the quality of the relations we cultivate with others, with nature, with our planet, and with life. Ecopsychology recognizes that we are not separate from nature and that we can only safeguard our own future by restoring our connection with the totality of our being, with the entire planet.

The changes that are needed will occur because of us, from all of us. However small our contribution is, we are called to participate in the present, working toward a vision grander than we are, which we can all be a part of. This is an opportunity to meet and share among ourselves, we who already feel a kinship to this planet, to further acknowledge this commitment as eco-allies.

- □ A gathering for three days in a conference, in workshops, excursions, singing and dancing together, to re-familiarize ourselves with, to reinterpret Ecopsychology, and understand how this field is taking shape not only in Italy but also in the rest of the world.
- To share and to exchange experiences and visions, our ideas and our feelings in this very important moment in our planet's history.
- To harbor a necessary awakening to a higher state of consciousness and conscience, in which we feel as though this planet is also embracing of us.

KEYNOTE SPEAKERS

Florence Shepard • *Ecopsychology and human development*

Paul Shepard's dance of neoteny and ontogeny

Dr. Florence Shepard obtained her doctorate in environmental science from the *University of Utah*. She edited the work of her late husband, Paul Shepard. She lives in Utah (USA).

Philip Sutton Chard • *Ecopsychology and Therapy*

Recovering with Earth

Psychotherapist, journalist, writer, and photographer, he works with nature and in nature in order to facilitate emotional recovery and spiritual growth. He lives and works in Minnesota (USA).

Marcella Danon • *Ecopsychology and Human Growth*

A new vision of being in the world

Psychologist, counseling teacher, and directress of the Ecopsychology School of Osnago (*Scuola di Ecopsicologia* di Osnago). She lives in Osnago, Italy.

Velleda Rio • *Ecopsychology and Education*

The ecological relation

Counselor, specializing in adolescence and teacher of English and English Literature. She lives in Milan, Italy.

Jorge Conesa-Sevilla • *Master of ceremony*

Neurocognitive psychologist, associate professor of psychology at Northland College, Ashland, Wisconsin (USA). He lives and works in Wisconsin (USA).

PROGRAM

Time/ore	Friday 29.Sept.	Saturday 30.Sept.	Sunday 1.Oct.
7.00		Sunrise at archeo-astronomical site	Breakfast /Colazione
8.00		Breakfast/Colazione	
9.00		Keynote presentations	Workshop
10.00		Ecopsychology in action: Poster session	Lunch/Pranzo
11.00	Lunch/Pranzo		
12.00		Lunch/Pranzo	Congress Conclusion
13.00	Registration begins		
15.00	Congress Opens	Individual planet-resolution pledge ceremony	
16.00	Groups (theme)		
17.00	Groups (theme)		
17.30	Dinner/Cena	Dinner/Cena	
19.30	«The Resonant Soul» Sitar and Guitar with Guido Schiraldi	«Nature's Magic» Live music with the Lingaldi	
21.00			
22.00			

The Saturday English presentations will be translated in Italian. The presentations in Italian will be transcribed in English and will be available by request. Different workshops will be held either in Italian or English with no translation.

WORKSHOPS



The way of dreams

Dreams are spontaneous and creative biorhythms that contribute to a variety of functions with an ecopsychological base, lending themselves to creative elaborations, therapy, and education.
Renzo Rossin. Saturday. Italian.

The guiding force of nature

It is possible to integrate therapy and counseling work, employing metaphor, exercises and reflections, with nature as a background but also to invite "her" as a co-therapist.
Philip Sutton Chard. Saturday. English.

Environmental education, life education

Sharing experiences in education, in the United States, about hands-on, experiential and community-based learning in the context of real nature's cycles.
Florence Shepard. Saturday. English.

Creativity and nature

Listening within and perceiving environmentally in order to stimulate creativity through movement and design. Materials are provided with the opportunity to do art therapy exercises.
Irene Nicolosi. Saturday. Italian.

Shamanic journey

Establishing a link with one's ally in order to begin to change our perceptions of an event or situation in our lives from non-ordinary states of consciousness with the aim of transforming ourselves and the world around us.
Mario Lorenzetti. Saturday and Sunday. Italian.

Human-wolf interactions

Presenting the work of the students of Northland College, in Ashland, Wisconsin – a member institution of the Eco-league – about human-wolf interactions in natural settings.
Jorge Conesa-Sevilla. Sunday. English.

To teach to the human condition

Education and the ecological relation between school and counseling. Group work sharing and elaborating upon strategies for learning.
Velleda Rio. Sunday. Italian.

Opening a dialogue with the world

A gathering, to open ourselves to the other, to innumerable possibilities of exchanges and reciprocal enrichment of the diverse manifestations of Life on our beautiful Earth.
Marcella Danon. Sunday. Italian.

Ancient wisdom

Exploration through dance and play based on ancient movements and behaviors, free and expressive, while "hunting for" uncontaminated human nature. Film: "La Danza delle Correnti".
Italo Bertolasi. Sunday. Italian



WORKSHOP LEADERS OR FACILITATORS

Jorge Conesa-Sevilla

Neurocognitive psychologist. President of EES (2005-'06)

Marcella Danon

Psychologist, trainer, counselor, and journalist. Member- founder EES

Renzo Rossin,

Psychologist and clinical counselor. Member- founder EES

Velleda Rio

Counselor, teacher of English and English Literature. Member- founder EES

Bruno Gentili

Researcher in informatics as a passion and spirituality as a vocation. Member- founder EES

Lea Carlotta Boratto

Practitioner-counselor and researcher of Native American lore. Member- founder EES

Mario Lorenzetti

Counselor and facilitator of holotropic breathing and transpersonal psychology. Member- founder EES

Irene Nicolosi

Art counselor and art therapy teacher.

Italo Bertolasi

Body worker, photographer, world-traveler, and *watsuka* instructor.

ARTISTS

Guido Schiraldi – www.guidoschiraldi.com

Musician (sitar - guitar) and holistic therapist (yoga and music).

Duo Lingalad – www.lingalad.com

Musical group inspired by Tolkien and by the magic of the natural world.

EES

**Società Europea di Ecopsicologia - European Ecopsychology Society
Sociedad Europea de Ecopsicologia - Société Européenne de Ecopsychologie**

EES is a non-profit scientific and cultural association founded in Neuchâtel (CH) in 2005, with the following functions, aims, and missions:

- To be a meeting point for Ecopsychology in Europe and the rest of the world
- To organize courses and conferences with ecopsychological themes and their practical application in therapy, education, and human development
- To share information about ecopsychology and its practice through publications of articles on its website www.ecopsychology.net via its official electronic journal, *Amaranda*
- To contribute or to generate projects in environmental education, grounded in ecopsychology and to be applied in schools, with the aim of assisting in a recognition and encouraging involvement in its various developmental aspects: physical, affective, intellectual, and spiritual.